

Pre-Adolescent Time Extension Questionnaire

The following questionnaire is to evaluate stress levels in children. It is known that accumulated stressors produce physical disease in children. By answering the following questions, we will be able to evaluate your child's physical and emotional well-being.

NAME _____ SEX _____ AGE _____

Please bring questionnaire with you on your first visit. DO NOT MAIL IT.

Please Circle YES or NO if your child has had any of the following stress changes within the last six (6) months.

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|-----|--|-----|----|
| 1. | Beginning nursery school, first grade or high school | YES | NO |
| 2. | Change to a different school | YES | NO |
| 3. | Birth or adoption of a brother or sister | YES | NO |
| 4. | Brother or sister leaving home | YES | NO |
| 5. | Hospitalization of a brother or sister | YES | NO |
| 6. | Death of a brother or sister | YES | NO |
| 7. | Change of parent's occupation requiring increased absence
from home | YES | NO |
| 8. | Loss of job by a parent | YES | NO |
| 9. | Marital separation of parents | YES | NO |
| 10. | Divorce of parents | YES | NO |
| 11. | Hospitalization of parent (serious illness) | YES | NO |
| 12. | Death of a parent | YES | NO |
| 13. | Death of a grandparent | YES | NO |
| 14. | Marriage of a parent or stepparent | YES | NO |
| 15. | Jail sentence of a parent for 30 days or less | YES | NO |
| 16. | Jail sentence of a parent for 1 year or more | YES | NO |
| 17. | Addition of third parent (e.g. Grandparent) | YES | NO |

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| 18. | Change in parent's financial status | YES | NO |
| 19. | Mother beginning work | YES | NO |
| 20. | Decrease in number of arguments between parents | YES | NO |
| 21. | Increase in number of arguments between parents | YES | NO |
| 22. | Decrease in number of arguments with parents | YES | NO |
| 23. | Increase in number of arguments with parents | YES | NO |
| 24. | Discovery of being an adopted child | YES | NO |
| 25. | Acquiring a visible deformity | YES | NO |
| 26. | Having a visible congenital deformity | YES | NO |
| 27. | Hospitalization of yourself (CHILD) | YES | NO |
| 28. | Change in acceptance by peers | YES | NO |
| 29. | Outstanding personal achievements | YES | NO |
| 30. | Death of child's close friend | YES | NO |
| 31. | Failure of grade in school | YES | NO |
| 32. | Suspension from school | YES | NO |
| 33. | Pregnancy in unwed teenage sister | YES | NO |
| 34. | Becoming involved with drugs or alcohol | YES | NO |
| 35. | Becoming a full-fledged member of a church/synagogue | YES | NO |
| 36. | Not making an extracurricular activity which the child
wanted to be involved | YES | NO |
| 37. | Breaking up with a boyfriend or girlfriend | YES | NO |
| 38. | Fathering an unwed pregnancy | YES | NO |
| 39. | Unwed pregnancy | YES | NO |

Comments: